

## Maine Juniors Spring/Summer 2021 – Volleyball Clinic Athlete Policy/Protocol

If you are sick, please stay home. Notify the Coach or Registrar that you cannot attend planned event. You will be refunded.

Who is allowed in the Arena: At this time, with limited capacity restrictions and in an effort to control/contain the spread of the Coronavirus, only Athletes participating in this camp/clinic and one (1) spectator will be allowed in the Arena.

Entry/Exit: - Players should be dropped off in the parking lot and should then proceed to the left side of the Arena entry on Lund Road for this event (look for signage). Players must adhere to 6' social distancing practices upon arrival while waiting to enter the arena. Screening as noted below will be as you enter at that location. Once cleared through the screening process, athletes are to immediately go to 6' socially distanced marked spots near the courts to leave backpacks and change into sneakers. Athletes are expected to arrive dressed and ready to play (sneakers may be put on once you are cleared to stay). Sharing of transportation to and from camp is discouraged unless from same household. Once a session is complete, athletes are to immediately gather their belongings and exit the arena, using the same exterior door, following 6' social distance guidelines. The lobby and the locker rooms of the Maine Sports Arena are not to be used by players.

We ask that parents wait in the parking lot until their athlete(s) have completed and cleared the temperature check and screening process before you leave the facility.

Parents/spectators who are planning to stay for the session will use the main entrance to the building, then the interior doors to the MSA. There, they will also be checked in using the protocols below. They will then go to the mezzanine seating area and must stay masked and distanced. They may not come and go. They may stay for as long as they like, but if leaving, they will not be able to come back in.

Temperature Check & Screening Questions: Upon arrival to the Maine Sports Arena, all athletes will have their temperature taken using a no contact thermometer to confirm a temperature of less than 100.4 and will be asked the screening questions below. It is very important that you answer these questions honestly so we can make sure everyone stays safe.

Have you had a cough or sore throat?

Have you had a fever or do you feel feverish?

Do you have shortness of breath?

Do you have a loss of taste or smell?

Have you been around anyone exhibiting these symptoms within the past 14 days?

Are you living with anyone who is sick or quarantined?

Have you been out of ME, NH, VT, NJ, NY, CT or MA in the last 14 days?

Payment and Waivers in COVID times: Payment for camp(s) must be done electronically and PRIOR arrival at the camp. No cash or checks accepted on site. Waivers are to be completed electronically by both parent/guardian and the athlete PRIOR to the day of the camp.

Camp Content: Volleyball content of camp is planned to adhere to Medium Risk activities as defined by the Maine CDC. Coaches and players to wear masks (no gaiters) at all times, except while drinking water during breaks. Coaches to use hand whistles, if any whistles. No high fives, huddles or handshakes. Hand sanitizer will be available and regular hand sanitizing is encouraged before/after breaks. Please feel free to bring your own hand sanitizer if you prefer. Athletes to bring own water bottles clearly marked with names and enough water for the duration of clinic. No sharing of food/water. social distance while eating/drinking.

Facility: Locker rooms will not be open. Water Fountains will be turned off; bring own marked water bottles and water. Vending machines will be turned off. Bathrooms open if needed using 6' social distancing guidelines. Arena doors from MSA lobby will be locked.

Cleaning & Disinfecting: Bathrooms will be cleaned at regular intervals. Facility will be cleaned, disinfected before the camp.

After Camp: Athletes are encouraged to shower and wash clothing immediately upon returning home.

**Maine Juniors Waiver – Spring/Summer 2021**

The novel coronavirus, COVID-19 has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact, including individuals without disease symptoms. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited or limited the congregation of groups of people.

The health and well-being of our staff and athletes remains our top priority. In order to minimize the risk of COVID-19 entering our environment and spreading amongst our community, we will only allow staff assigned to work and athletes scheduled to participate to be in our gym. Parents wishing to remain on site can use outdoor common areas or the parking lot to wait for their athlete(s). Athletes waiting to attend a session will need to wait outside while maintaining social distance from others.

During Spring/Summer 2021, athletes will not be using the main building entrance or the lobby. (Spectators will be.) Check-in will occur around to the left side of the building from the main entrance at the exterior entrance to court #1 of the Maine Sports Arena. (Spectators will be checked-in near the MSA reception desk.)

All participants and parents/spectators in sponsored activities at Maine Juniors Volleyball must agree to and abide by the following:  
-Temperature check and screening protocol upon arrival - Entry/Exit protocols -All are to wear a mask at all times - 6' Social Distancing -Athletes are to come dressed and ready to play - Athletes are to bring their own water and Any event, camp, etc. specific protocols water bottles- enough for the entire activity/event

Maine Juniors Volleyball (hereafter referred to as the "Club") has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 in Club's gym environment; however, the Club cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending sponsored activities at the Club could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described above and assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the Club activity and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at the Club may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Club employees, volunteers, and program participants and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the Club or participation in Club programming ("Claims").

On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless the Club, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Club activity.

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Parent Name (print)

Parent Signature

Date

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Participant(s) Name (print)

Participant Signature

Date